

the HUB

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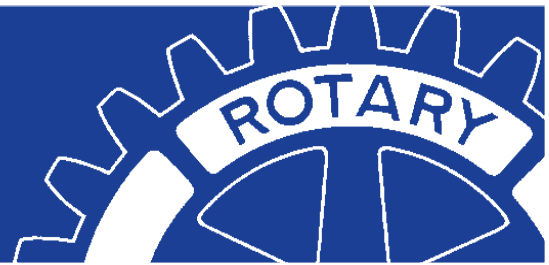
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NEWSLETTER



VOLUME 86, No 10 ❖ APRIL, 2009

2008-2009 ROTARY HUB

PROPOSED AMENDMENT TO THE BY-LAWS

In order to keep up with rising local costs in addition to higher assessments by Rotary International and the District, the Board of Directors has adopted the concept of utilizing a **Special Assessment** in order to subsidize operating losses arising from reduced membership. Effective July 1, 2009 the board of Directors will be able to assess an additional \$50 per member if they determine that a drop in membership will adversely affect the financial stability of the Club.

Due to rising costs associated with administration of Rotary Club 21, the Board wants to provide some flexibility to address a major budget shortfall should one occur. The "dues increase" process requires advance written notice to the membership and a reading of the change and a subsequent vote by the entire membership. Once approved by the membership, dues are increased prospectively. Because our budget is very tight, we really don't know exactly where we stand until May or June of our fiscal year. We budget our revenue based on existing membership in April. When we move to a new year, we often lose 15 to 20 members at the transition but don't become aware of it until October or November when those members are terminated for non-payment. We are constantly looking to expand membership but new members dues are prorated so replacing those 15 to 20 members does not replace the dues we anticipated. In addition, the Budget Committee has searched for alternative sources of revenue by selling advertising in the HUB, Weekly Email Newsletter and Roster but that has met with limited success. Since the Budget Committee makes recommendations to the Board based on the prior year's activity, the process of obtaining a "dues increase" can take over two years and the actual revenue increase isn't realized for three years.

Based on varying membership our costs per member is as follows:

325 Members: \$357.67

350 Members: \$337.14

375 Members: \$319.35

Keep in mind that members are currently paying \$300.00 and we currently have 329 Active members.

The current By-Laws regarding dues reads as follows:

ARTICLE V FEES AND DUES

SECTION 1. The admission fee shall be from time to time fixed by resolution of the Board of Directors, in an amount not to exceed \$300.00 and not less than \$65.00 to be paid before the applicant can qualify as a member.

SECTION 2. The membership dues shall be no less than \$100.00 per annum, no more than \$300.00 per annum, payable semiannually on the first day of July and of January, with the understanding that up to seven dollars (US \$7.00) of each semiannual payment shall be applied to each member's subscription to The HUB and that up to eight dollars (US \$8.00) shall be applied to each member's subscription to THE ROTARIAN magazine. The dues amount to be determined by vote of the membership.

(Note: The subscription price of the Rotarian and of Revista Rotaria is US \$12.00 per annum)

The proposed amendment allowing for the special assessment reads as follows:

ARTICLE V FEES AND DUES

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(Note: The subscription price of the Rotarian and of Revista Rotaria is US \$12.00 per annum)

In accordance with the By-Laws this article in the April, 2009 edition of the HUB will serve as the 10 day notice prior to voting on the proposed amendment at our regular Thursday meeting on April 16, 2009.

2008 – 2009 Officers

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Richard W. Kuhling, *Vice President*
Thomas M. Patrick, *Secretary/Treasurer*
Debra J. Rauen, *President-Elect*
Frank H. Storey, *Immediate Past President*

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Ira Amstadter, Lisa Dickinson,
Larry Ellingson, Tom McDonald,
Paul Viren, Kyle Weir, Chud Wendle

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★ Upcoming Programs ★

All meetings are held at The Spokane Club unless otherwise noted

- Apr. 02** **Our Kids: Our Business**
Dena Chappell, Guest Speaker
- Apr. 09** **Inland NW Blood Center: Past, Present & Future**
Judi Young, Guest Speaker
- Apr. 16** **GSL Scholar Athlete**
Randy Ryan, Guest Speaker
- Apr. 23** **Mukogowa Institute & Ensemble Choir**
Paul Brueggemeier, Guest Speaker
- Apr. 30** **Nursing's Perfect Storm**
Patricia Butterfield, WSU College of Nursing Dean, Guest Speaker
- May 07** **County Commissioner Panel Discussion**
Mager, Mielke, Richard, Guest Speakers

This Rotary Club Newsletter

"The HUB" is brought to you by . . .

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★ Make-Up Opportunities ★

All meetings at Noon unless noted

- MON** • **Spokane North** - The Red Lion, 303 W. North River Dr.
• **Spokane Valley Sunrise** - Shari's Restaurant, 320 N. Sullivan - **7 AM**
- TUES** • **Spokane Daybreak** - The Spokane Club, 1002 W. Riverside - **7 AM**
• **Spokane Valley** - Mirabeau Park Hotel, 1100 N. Sullivan
• **Spokane West** - Holiday Inn - Airport, 1616 S. Windsor Dr.
• **Cheney** - China Buffet
• **Rotaract** - Crescent Court Bldg., 707 W. Main, Suite 500 - **6 PM • 1st & 3rd Tues.**

- WED** • **Spokane East** - Timber Creek Grill Buffet, Argonne Village
• **Spokane Hillyard** - N.E. Community Center, 4001 N. Cook
- THU** • **Spokane Club #21** - The Spokane Club, 1002 W. Riverside Ave.
• **Spokane Aurora N.W.** - The Cathay Inn, 3714 N. Division
• **Deer Park** - Pizza Factory, Hwy. 395 & 'H' Street
• **Liberty Lake** - George Gee Auto Dealership, 21502 E. George Gee Avenue
- FRI** • **Spokane South** - The Spokane Club, 1002 W. Riverside Ave.

Visit one of these clubs or any other club 14 days prior, or 14 days after our regular Thursday meeting to keep up your attendance requirements. (If you are doing make-ups, please remember to call, mail or Email [rotaryspokane21@nwadv.com] the Rotary office to report them.)

Mystery Rotarian

RI = Rotary Interviewer
MR = Mystery Rotarian

RI: Let's start with the standard Dan Austin question "So, where are you from and what's your sign, baby?" (Bet that worked like a charm for old Danny back in the day)

MR: I was born in Bismarck, ND but we moved here when I was 5. I am a Virgo.

RI: Tell us something about yourself that no one upon meeting you at a Rotary meeting would guess about you?

MR: I have traveled to over 63 countries.

RI: If you could ask one question of anyone, dead or alive, who would it be and what would you ask?

MR: My father: his early life and experiences in France during WWI.

RI: What have you done, random act of kindness, that you feel good about and the recipient never knew it was you?

MR: I helped a former employee who robbed our store avoid prison and enter drug rehab.

RI: Wow! That's a really good one! WOW!

RI: Why are you proud to be a Rotarian?

MR: Rotary fosters peace, understanding of other cultures and our drive to eliminate polio.

RI: How did you meet your spouse?

MR: She was pinned to my fraternity roommate at WSC.

RI: What is the goofiest, funniest thing

you have ever done?

MR: Fighting a bull in a ring while in Mexico.

RI: If you could time travel in your life and change something, what would it be?

MR: I would spend more time with my family & friends.

RI: What is your greatest adventure so far?

MR: I spent five months hitch-hiking through Europe and the US on less than \$500. I also ran the bulls in Pamplona Spain. (We're thinking this is a wild man!)

RI: What is your favorite food to make or eat?

MR: Pasta dishes and desserts.

RI: Who is your favorite musical artist and why?

MR: My wife, INSERT NAME HERE WHEN WE FIND OUT WHO OUR "MR" IS, who is a pianist and I also enjoy symphonic music.

RI: What is something that you have never done and wish that you had?

MR: A medical mission to t third world country.

Our Mystery Rotarian's name is revealed on Page 4.




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ROTARIANS AT WORK DAY – APRIL 25, 2009

District Governor Allan Davis has designated Saturday, April 25th as our District's "Rotarians at Work Day". He would like to see all of the clubs in the District do some service project on that day.

If you would like to participate in this you can join Spokane North & Spokane Hillyard in a Habitat for Humanity building. In order to volunteer, you need to register on line at www.habitat-spokane.org – or call 534-2552 for more information, be sure to mention Rotary and April 25th.

We will send out more information in our weekly emails as we get volunteer opportunities from other clubs.

SPOKANE SOUTH REQUESTS FLY MILES

Spokane South is requesting your United Mileage Plus fly miles to help them get some Gonzaga University students to Kenya to assist with a water filtration project the club will be undertaking this year (we had a program about this a couple of months ago). If you have miles to donate, please contact Paul Zimmerman at 443-1554 or cell-280-1554. He has the forms and all of the information.



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ROTARACT – Jr. Lilac Parade

Rotaract is gearing up for the annual Spokane Junior Lilac Parade. The parade is Saturday morning, May 9th. Rotaract is looking for sponsors and volunteers. Please go to www.spokanerotaract.org for more information.

SPOKANE DAYBREAK – RUNNING TO READ PROJECT

Spokane Daybreak Rotary is having their annual "Running to Read" to support Garfield Elementary School children to raise money for library books by running in Bloomsday. Sponsorship cost is \$50 per child. Cost includes registration for student in Bloomsday & Race Day T-Shirt. Funds directly help the Garfield Neighborhood Education Team in raising money for non-fiction library books for Garfield Elementary. For more information call Bruce Ellwein at 456-5655 or email him at bdellwein@firstcommand.com

CHENEY ROTARY 1ST ANNUAL GOLF TOURNAMENT

The Rotary Club of Cheney is planning on hosting its first annual, fund-raiser golf tournament on Friday, May 29th, at the Fairways Golf Course. For more information please contact Harlan Shellabarge at Harlan@cheneyfreepress.com

birthdaycorner

April

DENNIS MCLAUGHLIN	APR. 01
LLOYD GRAY	APR. 01
RONDA SWANSON	APR. 02
BRUCE CLARK	APR. 03
JOEL LOIACONO	APR. 03
JERRY STEWART	APR. 03
BILL STORMS	APR. 03
BARRY MERRELL	APR. 04
TOM PATRICK	APR. 06
TIM BOZE	APR. 06
BOB ROBIDEAUX	APR. 08
SUSAN MEYER	APR. 11
MIKE BURNS	APR. 11
RODOLFO AREVALO	APR. 14
NATE BATSON	APR. 14
JUDY OLSON	APR. 14
NANCY STOWELL	APR. 14
ERIC GREEN	APR. 14
VANCE PETERSON	APR. 16
LINDA OIEN	APR. 18
JOHN EVERETT	APR. 19
JANA NELSON	APR. 19
RON HREN	APR. 20
CLARK MOSS	APR. 21
HARRY SLADICH	APR. 21
T. RAY LOOPER	APR. 23
THELMA CLEVELAND	APR. 25
KC CONSTABLE	APR. 25
JOHN HANCOCK	APR. 25
KRIS LENHART	APR. 28
PAM LUND	APR. 28
JASON MILLER	APR. 29
TOM LALONE	APR. 30

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Rituals from Rotary Club 21 Members!

Saying “good morning” and “good night” to everyone in my office.

Cathie Winegar

Eat healthy, exercise regularly, avoid stress (especially when it involves things beyond my control), meet often with friends and take frequent walks with my dog.

Carol Landa-McVicker

Habitually, be diligent, prudent, temperate, discreet.

Larry Coulson

Working out 5-6 days a week, drinking 8 glasses of water a day, daily devotion (prayer).

Those are the three I try to hit all the time!

Sabrina Jones-Schroeder

A golf truism that applies to business...

Keep your head down (be humble and thankful for your customers)

Take a Slow Backswing (be sure you have a well thought-out solution for customers)

Follow Through (do what you are committed to do...and maybe a little more)

Delivers good results in golf and business!

Bruce Butterworth

Monthly massages

Work out twice a week

Read a novel once a month

Go on a girlfriend weekend/vacation twice a year

Make a list of your accomplishments, person and professional once a month to remind yourself how well things are going.

Pam Lund

Notice what makes you smile, and do more of that. I call my friends when they come to mind. There's always a reason for that. Don't wait until later.

In my bed, I don't think about work.

John Hancock

- Take the time to tell your family you love them every chance you get.

- Answer the phone with a smile – they can hear it on the other end!

- Wash your hands after going to the bathroom...

I was given a little book by my mother-in-law called “Life's Little Instruction Book.” It's full of 511 one line gems. Ok, I just opened it up to a random page and the one that jumped out at me was, “Live your life as an exclamation not an explanation!” Great stuff!

Clark Moss

- Prayers and devotions for 15 minutes about an hour after arriving at work.
- Clearing my e-mail in-box before Monday morning.
- Clearing my desk off before leaving of the day.
- Thanking each staff member each day before they leave.

Have a great day!

Beth Hodgson

I know it sounds silly, but before I close my eyes each night, I make a point to remember what is good, what is going well in my life. My children are healthy and happy. So am I. I'm grateful to have them, to have enough to eat and a roof over my head. I go to sleep grateful for those things and wake up that way each day. There's a lot I can't control, but I do have power over my attitude.

Cheryl-Anne Millsap

Each morning I think of some act of kindness, encouragement, praise, or support that I could deliver to someone during the day. That thought always puts a smile on my face and leads me to start the day with positive anticipation.

Each night I think of the positive acts that I did deliver. That thought makes me happy that I helped someone (or reminds me of a missed opportunity) and renews my dedication to repeat the process tomorrow.

Brooks Sackett

Probably too endless to repeat. I awake every morning between 4-5 a.m. I open my laptop, turn on the coffee, do the morning constitutional, get back in bed, read the NYT on line with my coffee for roughly an hour, and answer emails. Sometime between 5-6, I get up. I download my favorite podcasts – Rachel Maddow and Democracy Now – to my IPOD. I plug my IPOD into my ears and then do 20 minutes of exercises for the various injuries I've suffered myself during my life, and then go out and take a 3-4 mile walk. I do this probably 13 of 14 days, that is, I rarely break routine. At night, I climb into bed between 8-9, with a cup of milk and cookies (or cake when I'm feeling really decadent), and I dunk my cookies into my milk and eat them while reading until I fall asleep. I do this probably 5 of 7 nights. They call me the Cookie Monster and I am a creature of habit.

Steve Reichard

Listening to a Japanese language podcast 3 times a week to maintain skills. Learning language podcasts are free on itunes...Spanish, German, Chinese, etc. Give it a try!

Jason Miller

I ask myself every morning when I arrive at work and it is written on a post-it note at my desk.

- What will I do today to strengthen my heart and my capacity to increase “good” in the world.

- What will I do today to strengthen my marriage?

- What will I do today to deepen myself and the relationships I have with people I care about?

Ira Amstadter

Reading to my kids nightly.

Saying prayers with my kids.

Amy Higgins

Long, brisk walks, cheerios and blueberries!

Teddie Gibbon

Our Mystery Rotarian is: JOHN WEEKES!



John is a Virgo/ Dragon. Some traits of a Virgo/Dragon are: Courtesy, practicality, decorum, strength, enthusiasm,

pluck (geez, you think so?, bull fighting and all) success and service.

John was an 18 year old infantry man on Okinawa and in an intelligence unit in Korea. He is a registered pharmacist and owned a drug store and a couple of supermarkets with pharmacies in them. He enjoys travel, golf, whitewater rafting (there's that pluck again) and reading. He and his wife Joan have been married 55 years and they have a son, a daughter and two granddaughters.

Rituals, Continued

Well, here it is. Every morning, with very few exceptions, I bring my wife breakfast in bed. She enjoys it and it certainly doesn't hurt the relationship!

Homer Todd

Daily exercise, good eating habits, positive attitude, and every Friday night dinner dates with my husband!

Peggy Crowther

Each morning after I shower and shave I go out and let Larry, my French Brittany, out of his kennel. We each have a job to do. He chases off every goose, duck and any other living creature that dares to step foot on our property. My job is to laugh, and give Larry a good rub down. We are then ready for the day. He goes to his job of guarding the kennel and I go to my job of selling diamonds.

Dan Austin

I am a born planner, so every day I plan my actions and then write them down. This (hopefully) makes effective use of my time, plus provides a summary of what I actually completed by the end of that day. What didn't get done, is rescheduled.

John Langenheim

Being or staying *thankful* for as many things as possible!

Kathy Kramer

Exercise each morning, floss my teeth at night and have one positive in person interaction each day.

Deb Harper

Making pancakes for my husband every morning because he likes them.

Judy Olson

I don't think I have any good habits or rituals...not even sure what a good ritual is...but I think my wife must have some and I assume that is how she knows how to tell me what to do and when to do it...I just realized that my good habit is to say “yes dear” and then do what she is asking...

T Ray Looper

I have a velvet bag filled with twenty-five clay hearts called Heartstones. I pick one each day. On each heart is a printed a word that is my gift for the day. My favorite gifts are joy, rest, transformation and passion. When I feel I need support that day, I carry it in my pocket.

Paula Nordgarden

Never miss Church, Rotary or an especially good square dance. and make sure I get some type of aerobic exercise at least four times every week! Also read the Spokesman - Review with breakfast every morning.

Lee Pennell

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