

the HUB

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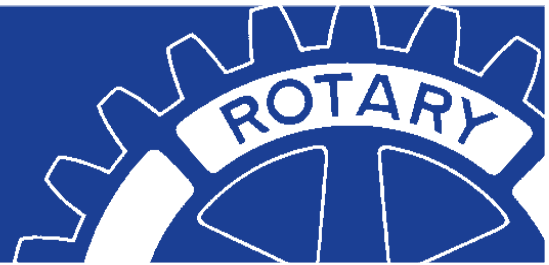
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2008-2009 ROTARY HUB

INAUGURAL QUIZ MATCH UP

Fellow Rotarians I think that we all have a lot to be proud of as Americans today. I thought it might be challenging and illuminating for us all to see some lines from past inaugural speeches- different times different leaders and often similar messages. Can you match them up?

- A. Government is not the solution to our problems; government is the problem.
- B. If a free society cannot help the many who are poor, it cannot save the few who are rich.
- C. There is no good reason why we should fear the future, but there is every reason why we should face it seriously, neither hiding from ourselves the gravity of the problems before us nor fearing to approach these problems with the unbending, unflinching purpose to solve them aright.
- D. Toward all other nations, large and small, our attitude must be one of cordial and sincere friendship. We must show not only in our words, but in our deeds, that we are earnestly desirous of securing their good will by acting toward them in a spirit of just and generous recognition of all their rights.
- E. Men's hearts wait upon us; men's lives hang in the balance; men's hopes call upon us to say what we will do. Who shall live up to the great trust? Who dares fail to try? I summon all honest men, all patriotic, all forward-looking men, to my side. God helping me, I will not fail them, if they will but counsel and sustain me!
- F. And so today a chapter begins, a small and stately story of unity, diversity, and generosity -- shared, and written, together.
- G. Our destiny offers, not the cup of despair, but the chalice of opportunity. So let us seize it, not in fear, but in gladness -- and, "riders on the earth together," let us go forward, firm in our faith, steadfast in our purpose, cautious of the dangers; but sustained by our confidence in the will of God and the promise of man.
- H. And may He continue to hold us close as we fill the world with our sound -- in unity, affection and love -- one people under God, dedicated to the dream of freedom that He has placed in the human heart, called upon now to pass that dream on to a waiting and hopeful world.
- I. With history the final judge of our deeds, let us go forth to lead the land we love, asking His blessing and His help, but knowing that here on earth God's work must truly be our own.
- J. The people of the United States have not failed. In their need they have registered a mandate that they want direct, vigorous action. They have asked for discipline and direction under leadership. They have made me the present instrument of their wishes. In the spirit of the gift I take it.
- K. My fellow citizens of the world: ask not what America will do for you, but what together we can do for the freedom of man.
- L. May the light of freedom, coming to all darkened lands, flame brightly -- until the last darkness is no more. May the turbulence of our age yield to a true tome of peace, when men and nations shall share a life that honors the dignity of each, the brotherhood of all.
- M. The mystic chords of memory, stretching from every battlefield and patriot grave to every living heart and hearthstone all over this broad land, will yet swell the chorus of the Union, when again touched, as they surely will be, by the better angels of our nature.
- N. We remain a young nation, but in the words of Scripture, the time has come to set aside childish things. The time has come to reaffirm our enduring spirit; to choose our better history; to carry forward that precious gift, that noble idea, passed on from generation to generation: the God-given promise that all are equal, all are free and all deserve a chance to pursue their full measure of happiness.

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★ Upcoming Programs ★

All meetings are held at The Spokane Club
unless otherwise noted

- Feb. 05** Avista's Pricing of Natural Gas
Kevin Christie, Guest Speaker
- Feb. 12** Home Planet: A Life in Four Seasons
Cheryl-Anne Millsap, Guest Speaker
- Feb. 19** To Be Announced
- Feb. 26** To Be Announced
- Mar. 05** To Be Announced
- Mar. 12** To Be Announced
- Mar. 19** Goodwill Industries International
Jim Gibbons, CEO, Guest Speaker
- Mar. 26** To Be Announced

This Rotary Club Newsletter

"The HUB" is brought to you by . . .

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★ Make-Up Opportunities ★

All meetings at Noon unless noted

- MON** • **Spokane North** - The Red Lion, 303 W. North River Dr.
- **Spokane Valley Sunrise** - Shari's Restaurant, 320 N. Sullivan - **7 AM**
- TUES** • **Spokane Daybreak** - The Spokane Club, 1002 W. Riverside - **7 AM**
- **Spokane Valley** - Mirabeau Park Hotel, 1100 N. Sullivan
- **Spokane West** - Holiday Inn - Airport, 1616 S. Windsor Dr.
- **Cheney** - China Buffet
- **Rotaract** - Crescent Court Bldg., 707 W. Main, Suite 500 - **6 PM • 1st & 3rd Tues.**
- WED** • **Spokane East** - Grizzly Buffet, Argonne Village
- **Spokane Hillyard** - N.E. Community Center, 4001 N. Cook
- THU** • **Spokane Club #21** - The Spokane Club, 1002 W. Riverside Ave.
- **Spokane Aurora N.W.** - The Cathay Inn, 3714 N. Division
- **Deer Park** - Pizza Factory, Hwy. 395 & 'H' Street
- **Liberty Lake** - George Gee Auto Dealership, 21502 E. George Gee Avenue
- FRI** • **Spokane South** - The Spokane Club, 1002 W. Riverside Ave.

Visit one of these clubs or any other club 14 days prior, or 14 days after our regular Thursday meeting to keep up your attendance requirements.
(If you are doing make-ups, please remember to call, mail or Email [rotaryspokane21@nwadv.com] the Rotary office to report them.)

Now don't look yet but the answers are found on page five of this HUB. Your choices are: **George H.W. Bush, Bill Clinton, Dwight D. Eisenhower, John F. Kennedy, Abraham Lincoln, Richard M. Nixon, Ronald Reagan, Franklin D. Roosevelt, Teddy Roosevelt, F. Woodrow Wilson, Barack H. Obama, Robert Kennedy**

Profiles in Rotary



MEMBER PROFILE: RANDY FEWEL



There has been a nagging question swirling around Randy Fewel that needs to be addressed before this interview can proceed. And it is this: "Just how does he keep his shoes so well shined? "The answer is that Randy is a West Point graduate." It seems those spit and polish days stuck with him. He graduated with degrees in what you civilians would call math and engineering. Randy has always been a look-far-down-the-road kind of guy. Back in his junior high days he figured that if he went to West Point he could get a good and free education. In the ninth grade he started writing letters to his Congressman asking his help for an appointment. And to pass the time I guess, while waiting for an answer, he became a high school State Wrestling Champion and was All State football. He played both offense and defense. Oh, he was also the team Captain. The reader might be thinking that Randy is a natural and that everything came easy for him. Not so. While at West Point his big challenge was having to make his own bed and keep his room clean. His mom had taken care of those duties while at home. The rest seemed easy enough. Upon graduation Randy served five years in the Army, made five airborne jumps, received two Army Commendation medals, and was discharged with the rank of Captain.

Randy then went to work at his dad's food brokerage business in the Spokane office (headquarters was in Portland). His dad had grown the business to be one of the state's top 100 independently owned businesses. It took but a few years for Randy to realize that this wasn't his cup of tea. More appropriately it wasn't his bag of potatoes. It was in 1981 that Randy begin his career in banking. He began with the 1st National Bank in Spokane as a Loan Of-

ficer with a loan limit of \$1000. Six years later the struggling Bank of Spokane hired him as branch manager. It took two years to turn the bank around into profitability. It was then on to a five year stint with Washington Trust. He had found his niche and loved the business. In 1994 he moved to the Inland Northwest Bank and became its CEO and President in 2001.

To get to Randy's second floor office (the suits always hang out on the upper floors) one must pass by several bank staff. Here is where it gets eerie. Every single bank person says hello with a smile and asks if they can be of help. I asked Randy what the heck that was all about and he said that the INB bank family has a culture of being nice. With further questioning Randy said that he was good with numbers. A bank president good with numbers? Who would have guessed. He stressed that ethics and taking care of the troops was something that had been instilled in him at WestPoint. This has continued to be his passion to this day. He is passionate about being a helpful partner to his small business accounts. He is passionate about his four grown children and two grandchildren. He is passionate about serving. It would make sense therefore that he is a passionate Rotarian.

YSC Request

Your Youth Service Committee needs your help in identifying small non-profits that find themselves in particularly difficult need at this time. We are charged with investing your RCS funds as prudently and effectively as we can and approach this task with great diligence in these challenging times. Please contact a member of the YSC if you know of a small organization in great need. We are especially looking for groups that had depended upon public funding that has not come through as anticipated. Thank you for your involvement.

- Ira Amstadter

By Dan Austin

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Disabilities Report

While the cat's away.....

Before John Driscoll left to serve in the legislature, he led the Disabilities Committee in allotting half of the budget and leveraged sizable community resources to increase our gifting. The committee granted three wheelchair lifts and two vans for four recipients. Joe Bruce facilitated the gift of a van. A partnership with Wishing Star and Mary Patten Foundation will stretch \$3000 to \$8500. Angela Bonnett worked with Pacific Cataract & Laser to cover the bilateral cataract surgeries. That put \$1500 back into the budget. Susan Dellwo facilitated a \$2000 grant to Lilac Services for the Blind. Her work resulted in Lilac's acquisition of a \$11,000 match. Tom LaLone continued his work with the MS Society with a grant of \$4000 for air conditioners.

In the first month of John's leave the committee approved another \$6000. Included were grants to the Guild School for an auditory test meter and \$2000 toward a prosthesis. Left in the hopper are requests for a dental crown, a vertical lift, and another van lift. Our hope is to expend the entire budget before John returns in May.

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CHOCOLATE FROSTING

1 tablespoon butter or margarine – 2/3 cup powdered sugar – 1 tablespoon HER-SHEY'S Cocoa – 2 to 3 teaspoons milk – 1/8 teaspoon vanilla extract

10. In small microwave-safe bowl, place butter. Microwave at HIGH (100%) 20 seconds or until butter is melted.

11. Stir together powdered sugar and cocoa; add to butter mixture alternately with milk, beating with spoon or whisk until smooth.

12. Stir in vanilla.

13. About 1/3 cup frosting

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birthdaycorner February

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TOM THOEN	FEB. 05
DAVID CONDON	FEB. 09
GLORIA FARROW	FEB. 09
TOM WILSON	FEB. 10
TYRUS TENOLD	FEB. 12
JAY SIMONS	FEB. 13
DAVE VAN HERSETT	FEB. 17
BETH HODGSON	FEB. 19
CHUCK STADTMUELLER	FEB. 23
JON HOLLOWAY	FEB. 24
BOB MULDER	FEB. 24
TERREN ROLOFF	FEB. 25
JIM PARKER	FEB. 25
BROOK ELLINGWOOD	FEB. 27
JOE SCHMITZ	FEB. 27
ROD BACON	FEB. 28
LAURIE KRIET	FEB. 28
GENE BRONSON	FEB. 28

Answers:

	G. Richard M. Nixon
	H. Ronald Reagan
A. Ronald Reagan	I. John F. Kennedy
B. Robert Kennedy	J. Franklin D. Roosevelt
C. Teddy Roosevelt	K. John F. Kennedy
D. Bill Clinton	L. Dwight D. Eisenhower
E. F. Woodrow Wilson	M. Abraham Lincoln
F. George H.W. Bush	N. Barack H. Obama

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Valentine's Day, February 14 is the second most celebrated day in the United States, after December 25. Here are some elements that make Valentine's Day fun and romantic.

HISTORY OF VALENTINE'S DAY



Every February, across the country, candy, flowers, and gifts are exchanged between loved ones, all in the name of St. Valentine. But who is this mysterious saint and why do we celebrate this holiday? The history of Valentine's Day -- and its patron saint -- is shrouded in mystery. But we do know that February has long been a month of romance. St. Valentine's Day, as we know it today, contains vestiges of both Christian and ancient Roman tradition.

So, who was Saint Valentine and how did he become associated with this ancient rite? Today, the Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred. One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young, single men -- his crop of potential soldiers. Valentine, realizing the injustice of the decree, defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death. Other stories suggest that Valentine may have been killed for attempting to help Christians escape harsh Roman prisons where they were often beaten and tortured.

According to one legend, Valentine actually sent the first 'valentine' greeting himself. While in prison, it is believed that Valentine fell in love with a young girl -- who may have been his jailor's daughter -- who visited him during his confinement. Before his death, it is alleged that he wrote her a letter, which he signed 'From your Valentine,' an expression that is still in use today. Although the truth behind the Valentine legends is murky, the stories certainly emphasize his appeal as a sympathetic, heroic, and, most importantly, romantic figure. It's no surprise that by the Middle Ages, Valentine was one of the most popular saints in England and France.

WHO IS CUPID?



Many wonder where did Cupid come from and why is he associated with Valentine's Day.

Cupid has long played a role in the celebrations of love and lovers. He is known as a mischievous, winged child, whose arrows would pierce the hearts of his victims causing them to fall deeply in love. In ancient Greece he was known as Eros the young son of Aphrodite, the goddess of love and beauty. To the Roman's he was Cupid, and his mother Venus.

One legend tells the story of Cupid and the mortal maiden, Psyche. Venus was jealous of the beauty of Psyche, and ordered Cupid to punish the mortal. But instead, Cupid fell deeply in love with her. He took her as his wife, but as a mortal she was forbidden to look at him. Psyche was happy until her sisters convinced her to look at Cupid. Cupid punished her by departing. Their lovely castle and gardens vanished with him and Psyche found herself alone in an open field.

As she wandered to find her love, she came upon the temple of Venus. Wishing to destroy her, the goddess of love gave Psyche a series of tasks, each harder and more dangerous than the last. For her last task Psyche was given a little box and told to take it to the underworld. She was told to get some of the beauty of Proserpine, the wife of Pluto, and put it in the box.

During her trip she was given tips on avoiding the dangers of the realm of the dead. And she was also warned not to open the box. Temptation would overcome Psyche and she opened the box. But instead of finding beauty, she found deadly slumber.

Cupid found her lifeless on the ground. He gathered the sleep from her body and put it back in the box. Cupid forgave her, as did Venus. The gods, moved by Psyche's love for Cupid made her a goddess.



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VALENTINE'S DAY RECIPES

EASY CHOCOLATE LOVER'S CHEESEPIE

Prep Time: 15 min.

Ingredients:

- * 3 packages (8 oz. each) cream cheese, softened
- * 3/4 cup sugar
- * 3 eggs
- * 1 teaspoon vanilla extract
- * 2 cups (12-oz. pkg.) HERSHEY'S MINI CHIPS Semi-Sweet Chocolate, divided
- * 1 extra serving-size packaged graham cracker crumb crust (9 oz.)
- * 2 tablespoons whipping cream

Instructions:

1. Heat oven to 450°F.
2. In large bowl, beat cream cheese & sugar with electric mixer until well blended.
3. Add eggs and vanilla; beat well. Stir in 1-2/3 cups small chocolate chips; pour into crust.
4. Bake 10 minutes. Without opening oven door, reduce temperature to 250°F; continue baking 30 minutes or just until set. Remove from oven to wire rack. Cool completely.
5. Cover; refrigerate until thoroughly chilled.
6. In small microwave-safe bowl, place remaining 1/3 cup chips and whipping cream. Microwave at HIGH (100%) 20 to 30 seconds or just until chips are melted and mixture is smooth when stirred.
7. Cool slightly; spread over top of cheesepie.
8. Refrigerate 15 minutes or until topping is set.
9. Cover; refrigerate leftover cheesepie.
10. Makes 10 servings.



CHOCOLATE SWEETHEART CAKES FOR TWO

Prep Time: 30 min.

Ingredients:

- * 3/4 cup all-purpose flour
- * 1/4 cup granulated sugar
- * 1/4 cup packed light brown sugar
- * 3 tablespoons HERSHEY'S Cocoa
- * 1/2 teaspoon baking soda
- * 1/8 teaspoon salt
- * 1/2 cup water
- * 3 tablespoons vegetable oil
- * 1/2 teaspoon white vinegar
- * 1/2 teaspoon vanilla extract
- * CHOCOLATE FROSTING (recipe follows)
- * 1 tube pink decorating icing

Instructions:

1. Heat oven to 350°F. Grease and flour 8-inch square baking pan.
2. In medium bowl, stir together flour, granulated sugar, brown sugar, cocoa, baking soda and salt.
3. Add water, oil, vinegar and vanilla; beat with whisk or spoon until smooth.
4. Pour batter into prepared pan.
5. Bake 18 to 20 minutes or until wooden pick inserted in center comes out clean. Cool 10 minutes; remove from pan to wire rack. Cool completely.
6. Transfer to cutting board.
7. Using 3-1/4 inch heart-shaped cookie cutter, cut cake into 4 pieces.
8. Spread CHOCOLATE FROSTING on top of two pieces; place remaining two hearts on top. Garnish with decorating icing.
9. Makes 2 small cakes

-----> CHOCOLATE FROSTING RECIPE IS ON PAGE FIVE <-----

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