

the HUB

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ROTARY CLUB 21
OF
SPOKANE
Organized 1911

the HUB

NEWSLETTER



VOLUME 83, Nº 10 ❖ APRIL, 2006

2005-2006 Rotary HUB

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Upcoming Programs

★ All meetings are held at The Spokane Club unless otherwise noted ★

~ MAKE-UP OPPORTUNITIES ~
ALL MEETINGS AT NOON UNLESS NOTED

- MON** • Spokane North - Inn at the Park, 303 W. North River Dr.
• Spokane Valley Sunrise - Mirabeau Park Hotel, 1100 N. Sullivan - 7 AM
- TUES** • Spokane Daybreak - The Spokane Club, 1002 W. Riverside - 7 AM
• Spokane Valley - Mirabeau Park Hotel, 1100 N. Sullivan
• Spokane West - Holiday Inn - Airport, 1616 S. Windsor Dr.
• Cheney - E.W.U., PUB - Room 267-A
• Rotaract - Rock Pointe Tower, 316 W. Boone, 2nd Flr. Board Rm.
6 PM • 1st & 3rd Tues.
- WED** • Spokane East - The Rock Inn, 8122 E. Sprague Ave.
• Spokane Hillyard - N.E. Community Center, 4001 N. Cook
- THU** • Spokane Club #21 - The Spokane Club, 1002 W. Riverside Ave.
• Spokane Aurora N.W. - The Onion, 7522 N. Division
• Deer Park - Pizza Factory, Hwy. 395 & 'H' Street
• Liberty Lake - Café Liberte, 1400 Meadowwood Lane
- FRI** • Spokane South - Red Lion River Inn, 700 N. Division

(Visit one of these clubs or any other club 14 days prior, or 14 days after our regular Thursday meeting to keep up your attendance requirements.)

- Apr 06** Emerging Trends in Health Care; It's Good for Business, Can it be Good for People Too?
Scott Armstrong, New Group Health CEO, Guest Speaker
- Apr 13** Election Reform
Sam Reed, Secretary of State, Guest Speaker
- Apr 20** GSL Scholar Athlete Luncheon
Kevin Booth, Guest Speaker
- Apr 27** Rotary Exchange Students
Birte Taarneby Gottebert & Ramiro Estevas, Guest Speakers
- May 04** Magician & Historian
Paul Oleniacz, Guest Speaker
- May 11** Washington State University Update
Lane Rawlins, President, Guest Speaker
- May 18** Lilac Festival All City Civic/Military Luncheon
||||| Davenport Hotel |||||

(If you are doing make-ups, please remember to call, mail or Email rotariyspokane21@nwadv.com the Rotary office to report them.)

OBJECT OF ROTARY



The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST**
The development of acquaintance as an opportunity for service;
- SECOND**
High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD**
The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH**
The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

2005 – 2006 Officers

Mark A. Sonderen, *President*
Frank H. Storey, *Vice President*
Thomas M. Patrick, *Secretary/Treasurer*
David J. Klierer, *President-Elect*
Nancy Ross Kennedy, *Immediate Past President*

2005 – 2006 Directors

Nate Batson, Tim Boze,
Bruce Butterworth,
Thelma Cleveland, Rich Kuhling,
T. Ray Looper, PJ Watters

Rotary Office

Lucretia Auble, *Executive Director*
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THE PRESIDENT'S COLUMN



SPRING!

Ahhh April, the flowers are starting to bloom.

For those of you who have not been to a District Conference before, there is going to be a fun one in Kimberly, B.C., May 12-14.

There is a golf tournament on Friday, May 12, which is a good time to make some Canadian friends.

The first District Conference I attended really awakened me to the International aspect of Rotary.

The Canadians are a blast!

It would be great to show our support of their Conference after the great show of support they gave to Governor Lloyd's Conference last year.

Let's get some carpools to Kimberly and visit our Canadian Rotarians!

President Mark Sonderen



Mark A. Sonderen

PROPOSED FOR MEMBERSHIP

WILLIAM WRIGHT ALCORN
"Civil Engineering"
Principal Architect
USKH
Proposed by Lisa Dickinson

KATHLEEN S. LANGENHEIM
"University Fund Raising"
Director of Development
Eastern Washington University
Proposed by Lisa Dickinson

JOHN PERRY LENGENHEIM
"Small Business Consulting"
Owner
John P. Langenheim Enterprises
Proposed by Chud Wendle

DJ WILSON
"Broadcast Media"
President & General Manager
KREM 2
Proposed by Chud Wendle

DAVID GREEN
"Accounting-Wealth Management"
Partner
Moss Adams
Proposed by Tom Stevenson

THE SEVEN-DAY WAITING PERIOD IS IN EFFECT.

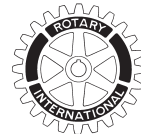
"Some cause happiness
wherever they go;
others whenever they go."

~ Unknown

COFFEE TABLES

If you choose not to buy lunch and sit at the coffee tables, please remember to make a contribution (a/k/a "Tip") for the provision of this service.

Profiles in Rotary



BY PAUL BRANDT

MEMBER PROFILE: LAURIE MASTERS KRIET



Laurie Kriet is certainly familiar to all of us as she sits behind the piano as Club 21 sings "America" or "God Bless America" at the beginning of many meetings.

She's a natural at the keyboard, having started playing at age 3. Her piano teacher thought she was a protégé. The young student listened intently as the teacher played the song for each lesson and then Laurie stared blankly at the music as she played back the entire work, by ear. She said "reality set in when I started playing Chopin and Rachmaninoff".

Laurie was one of the first ten women to join Club 21 after Rotary International welcomed women into the organization

in 1989. She has served on the Board of Directors and chaired the Program and (currently) Pianists Committees, has been on the Disabilities Committee, the Classification and Membership Committee and (currently) HUB Committee. She became a Paul Harris Fellow in 1991.

Laurie says Rotary's importance is multi-faceted; she has met and become friends with so many people through Rotary committee work. She has a deep respect for the work Rotary has done in polio eradication and efforts to bring potable water to parts of the world that have none. "Locally, among the most exciting and fulfilling projects I was involved in was the Club 21 Fountain Project completed last year", she says.

Laurie and husband Bob met in Acapulco, they ran a pizza restaurant in Kalispell, MT for over 8 years and moved

to Spokane in 1987 to get into the franchise printing business. Laurie lost Bob to cancer in 1991 but continued on by herself with the printing business, taking it independent as "Masters & Company Printing, Inc." some years ago.

Laurie's also a proud mom; son Bryan works for Charles Schwab in Denver and recently completed qualifications to become a Certified Financial Planner.

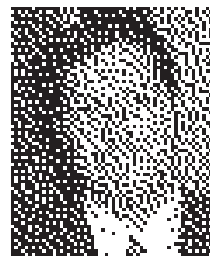
What is the most interesting thing she's ever done? Laurie recalls a vacation in Caracas, Venezuela. "You had to take two different trams to the 7,065 foot summit of Mount Avila to get to the Sheraton Hotel. Looking out the window the next morning, above the clouds, I felt out of this world ... literally!"

Profiles in Rotary



BY KYLE WEIR

MEMBER PROFILE: JER MCGREGOR



Jer McGregor, General Manager of The Pacific Northwest Inlander weekly newspaper, joined our club in November of 2003 after attending as a guest of Tom Stebins and immediately

went to work on the 100th Anniversary of Rotary Committee for the Friday night celebration at the Convention Center.

Jer was born and raised here in Spokane. He graduated from Gonzaga Prep in 1988 and went on to get a BA in English from the University of Washington in 1992. Jer spent just under one year post-college working in Seattle when his brother Ted talked him into coming back to Spokane to start up a weekly newspaper. "Ted got his masters degree in journalism and his 150-

page thesis project was on the viability of a weekly newspaper in Spokane. Ted got an A on the project which made the decision even easier to start publishing."

Jer said he and Ted were inspired by the popularity and success of weekly newspapers across the country. "We started The Inlander in 1993, which was near the advent of computer desktop publishing. We started with a staff of around 8 and today have over 30 employees." Jer said Spokane has a recent history of thinking big - "Expo, Bloomsday, and Hoopfest for example", - and he said he and Ted also wanted to think big and were convinced Spokane would embrace a weekly newspaper.

The most-recent demographic study of Spokane finds that 48.5% of adults in Spokane County consider themselves readers of The Inlander, the highest mark for any weekly newspaper in the

entire country. And their list of publications has recently begun to grow, "Last year we started printing the annual Bloomsday Results Booklet, and we've been printing our regional guidebook the Annual Manual since '04. Our biggest addition has been In-HealthNW magazine - a two-year old bi-monthly publication that provides Inlander-style content for the health-conscious people of the region."

Jer and his wife, Tamara, have been married for almost 7 years and are the proud parents of 5 year-old Caley and 3 year-old Mason. In their spare time, Jer and Tamara enjoy golf, tennis, and spending time with their children at their family lake cabin on Lake Coeur d'Alene.

Rotary likes people who think big, Jer! And we look forward to your continued service in helping Club 21 do big things for Spokane and the world.

Space Still Available on GFE Teams to England

There are still 1-2 places available on each of the Group Friendship Exchange going to Southern England from September 5-18, 2006 and to Cornwall, England from

October 15-30, 2006. More information is available on the District Website or contact by e-mail Sheila Hart: shart@netidca.com.

A Note of Gratitude ...

Dear Rotary members,
Thank you so much for my new RIFED Tricycle. I ride it everytime I go out to play.
Cramer
Tyanna



"These are our four adopted kids. Tyanna is the dark-haired one on the left. Thank you so much." The Cramer's

A Note of Appreciation ... "It was quite an honor for me to receive the Paul Harris medal. The 100th anniversary gala went well largely do to the terrific efforts of Coach Lee Pennell and our committee- most notably from our club Bruce Blackmeer, Kathryn Graham and Tim McCandless. This was a group effort." - Ira Amstadter

(Editor's note. I too recently received an anonymous Paul Harris Fellow and I can't thank you and our club enough for those of you who graciously donate!)

"Good manners make any man a pleasure to be with. Ask any woman."

~ Peter Mayle
British Author and Writer

~ Spokane Area Rotary Club Events ~

Listed below are Spokane Area Rotary Club Events that you may wish to participate in. For contact information, call the Rotary Office at 534-8998.

Spring - Golf Tournament - Hillyard Rotary
April 30 - Bike Ride Fundraiser - Aurora NW Rotary
May 13 - Junior Lilac Parade - Rotaract
October 28 - Auction - Valley Sunrise

birthdaycorner

APRIL BIRTHDAYS

DENNIS McLAUGHLIN	APR. 01
LLOYD GRAY	APR. 01
BRUCE CLARK	APR. 02
PARDNR WYNN	APR. 02
JERRY STEWART	APR. 03
BILL STORMS	APR. 03
A. MICHELE MAHER	APR. 04
BARRY MERRELL	APR. 04
TIM BOZE	APR. 06
TOM PATRICK	APR. 06
DAVE OVERSTREET	APR. 07
BOB ROBIDEAUX	APR. 08
NATE BATSON	APR. 14
JUDY OLSON	APR. 14
ERIC GREEN	APR. 14
VANCE PETERSON	APR. 16
LINDA OIEN	APR. 18
JANA NELSON	APR. 19
JOHN EVERETT	APR. 19
HARRY SLADICH	APR. 21
T. RAY LOOPER	APR. 23
KC CONSTABLE	APR. 25
THELMA CLEVELAND	APR. 25
DICK PIERCE	APR. 26
JOHN JENKINS	APR. 26
KRISTI LENHART	APR. 28
JASON MILLER	APR. 29
TOM LALONE	APR. 30

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Paul Harris
Founder of
Rotary

A Rotary Moment



BY ED CLARK

(as read on 4-21-05)

Every year Rotary Clubs around the world provide millions of dollars and tens of thousands of man hours serving young people...to protect them from diseases like polio, to provide other vitally needed health care, to educate them, to teach them to succeed and encourage them to achieve, and as in our meeting today, to honor young people for their achievements.

In Spokane last year, the Aurora Northwest Rotary Club and Hillyard Rotary Club helped form an Interact Club at Rogers High School...Interact is a young people's Rotary club. These students are learning leadership and community service. Their first service project is to make bird houses and sell them to put along the Centennial trail. They will maintain the houses and the proceeds go to a project or charity of their choice.

Another local youth service

project of Rotary is RYLA – Rotary Youth Leadership Awards. RYLA is for young adults between the ages of 18 and 25 who spend a week at a camp, paid for by Rotary clubs, learning leadership skills which will assist them right away and later in life, especially in the professional vocation that they choose.

Service to the youth of our world and our community is one more thing that makes me proud to be a Rotarian. Thank you.

CIVIC / MILITARY LUNCHEON MAY 18, 2006

WHAT: Spokane Lilac Festival All City Civic/Military Luncheon

WHERE: Davenport Hotel, Marie Antoinette Room

WHEN: Thursday, May 18th, Doors open at 11:00 program starts at 11:30

COST: \$25.00 per plate (pork loin)

RSVP: REQUIRED by May 12th – Reservations and payment **MUST** be made through the Lilac Festival office. Address: 3021 S. Regal, Ste. 105, 99223. Phone: 535-4554

GUEST SPEAKER: Brigadier General (retired) Neal Sealock, US Army. He is the new Spokane Airport CEO and Executive Director.

**Please note that things are being handled differently this year – you cannot just show up and pay at the door and there will not be any space for non-eaters. As in previous years, this will take the place of our regular Thursday luncheon.*

Retirees Who Volunteer Live Longer, Researchers Report

(Editors note: This was forwarded to me by Debbie Lockhart. I'm sure Rotarians help make up a good part of the volunteer numbers listed below. Thanks Deb for sharing this news with our club.)

According to a study released by the Harvard School of Public Health and the MetLife Foundation, senior citizens who participate in volunteer community service activities "live longer, happier lives."

Following findings that compared civic engagement to a fitness club "in terms of maintenance of fitness, good health, and longevity," the two organizations are now sponsoring a national campaign to encourage baby boomers to volunteer. Harvard officials say they hope the effort will expand volunteer participation beyond the current level of 16 billion hours of work each year worth \$239 billion. (*Health Care Advisory Board 6/17/04*)

Rotary 21 Sales Department (a/k/a Membership Development)

by Lisa Dickinson and Chud Wendle Co-Chairs

"Real integrity is doing the right thing, knowing that nobody's going to know whether you did it or not." ~

Oprah Winfrey

Membership Development sounds like the name for a committee that trains, motivates, and develops us into better members. This sounds great but actually the Membership Development committee is Rotary 21's sales department. As stated on www.rotaryspokane.com this committee searches for individuals that would make good Rotarians. They look amongst the

general membership to propose people that they feel would qualify and become good active members. They also search outside of the membership in the community.

The financial health of Rotary 21 depends on "dues paying members". With natural membership attrition this puts quite a bit of pressure to just stay status quo or to maintain our current level of membership. The importance of the Membership Development committee's role is huge to the financial condition of the club.

Our current membership status is:

Current Paid Membership 345
Membership Goal 365
By reaching the goal our club is able to fully fund other committee activities. As you can see, we have our hands full, so what can you do to help? 1) Join the membership development committee by contacting Lisa or myself, and/or 2) Introduce a qualified candidate to Rotary (if you have any questions about how this is done please contact either one of us and we will help). Even if you are not on this committee, we need your help to introduce quality members to our Club.

Here's to doing the right thing.

PARTY ON!!
March 25, 2006

Rotary District 5080 Conference • May 12-14, 2006

The Rotary District 5080 Conference will be in Kimberly, B.C. from May 11 to May 14. Full conference rate is \$190 Canadian and weekend reg-

istration is \$160.00 There will be a pre-conference golf tournament on Friday, May 12 with the cost being \$55 Canadian at St. Eugene Mission Resort, and a post-conference golf tournament on Sunday,

May 14th at the Kimberly Golf Club with the cost being \$65 Canadian. They have several tour options available as well. To register on line go to www.Kimberly.ca or to register by phone call 1-800-667-0871.